

WHAT TO ASK YOUR DOCTOR ABOUT MANAGING YOUR CONDITION

- What blood calcium level will you target for me?
- How often will you check my blood calcium level?
- What is the role of parathyroid hormone (PTH)?
- What is the goal of treatment?
 - What are the long-term goals for me?
- Why do I get neuromuscular symptoms? [for example, twitching, cramping, or abnormal excitability of nerves and muscles causing leg or arm spasms (tetany)]?
- What other types of symptoms should I watch for?
- If I experience symptoms, what should I do to get my levels back under control? What are the signs that my symptoms require emergency attention?
- If I have a severe reaction and need emergency care, what should I tell the emergency staff?
- What is the importance of vitamin D, and what is activated vitamin D?
- Is it necessary to monitor my phosphate and vitamin D levels?
- Should I modify my diet?