

MANAGEMENT GOALS

An important first step in effective management of your calcium levels is finding the right doctor or team of doctors. Hypoparathyroidism can affect many systems in your body. So, in addition to your primary care physician, your team may include an endocrinologist, a nephrologist (kidney doctor), and a surgeon.

YOUR MEDICAL TEAM WILL WANT TO:

- Prevent symptoms of low blood calcium
- Keep your blood calcium level slightly below normal or in the low normal range
- Keep your blood calcium and blood phosphate in balance
- Avoid excessive calcium in your urine
- Avoid excessive calcium in your blood
- Avoid calcium being deposited in your kidneys and other soft tissues